



Education through Recreation



# 2011



**How to SURVIVE**

TO REGISTER PLEASE  
SIGN UP ROOM 211 HABSHAN  
CAPTAIN/ZEDAN

**PI TREASURE HUNT**

**Moutrian Adventures**

Risks & Safety

SURVIVORS

**SURVIVAL SKILLS: HOW TO CHALLENGE THE NATURE**  
join us during RAMADAN  
WITH CAPTAIN ZEDAN



**Movie Night**

Al Raha Mall Cinema  
Date: Wednesday 27. 2. 2008  
Time: 5pm  
Busses in front of building 11

For registration:  
Visit captain Zedan  
Office 323  
Habshah Building (5)  
Registration Deadline:  
Wednesday 27. 2. 2008  
At 1:00 pm



# Education through Recreation

## Campus Recreation Vision Mission and Values

**A. Vision** - To provide quality, participatory sports and wellness programs and services to the university community in a manner that meets or exceeds the standard of excellence of the University, whilst promoting a sense of community, supporting student development through holistic opportunities, and encouraging the pursuit of a healthy lifestyle to a diverse campus population

**B. Mission** - Campus Recreation is a partnership of people who facilitate the development of healthy lifestyles through leisure activity by providing diverse recreational and educational programming in an environment which values and embraces individual differences. Participants in Campus Recreation programs develop a lifelong commitment to personal wellness, practice leadership, and develop a sense of attachment to their peers, to Campus Recreation and to the University. Campus Recreation offers comprehensive development programs for all focusing on transferable skills, field specific skills and program ownership.

**B. Values** - In delivering programs and services to the campus community, the following is a list of the values that guide administrative decisions and resources.

- The University Experience
- Student Welfare by empowering them by reinforcing their feelings of accomplishment and self-worth, while assisting them with, and encouraging their development
- Participation in Sports for Everyone Regardless of Ability
- Health through Participation in Physical Activities and the promotion of the importance of living a healthy lifestyle
- Maximizing Resources and Meeting Budget Objectives
- Quality Programs
- Customer Service and Accessibility
- Creativity and Innovation
- Diversity of Programs and Services
- Behaving in a manner that exemplifies integrity at all times.
- Being proactive in all situations, thereby not permitting small problems to become large problems.
- Creating and maintaining a safe environment that values, embraces, and encourages individual differences, and which facilitates growth and learning in people.

Education through Recreation

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 <b>Ice Breaker and student gathering</b>					1
2 Final exam	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 New Student Orientation	24 New Student Orientation	25 New Student Orientation	26 New Student Orientation	27 New Student Orientation	28	29

## Education through Recreation

# February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <u>Weekly movie</u>	<b>2</b> Rover crew First meeting with U.A.E scout Association	<b>3</b> <u>Mountain Discovery Camp</u>	<b>4</b> <u>Mountain Discovery Camp</u>	<b>5</b> <u>Mountain Discovery Camp</u>
<b>6</b>	<b>7</b>	<b>8</b> <u>Weekly movie</u> <u>Female Survival course</u>	<b>9</b> TWASH ALFREEJ (Heritage & cultural completion) <u>Female Survival course</u>	<b>10</b> <u>Global Village Trip</u> <u>Female Survival course</u>	<b>11</b> Desert Safari	<b>12</b>
<b>13</b>	<b>14</b> PI Sports Day	Prophet's Birthday	<b>16</b> <u>Treasure Hunting</u>	<b>17</b>	<b>18</b> <u>Female student safari trip</u>	<b>19</b> <u>Dubai Mall &amp; Aquarium trip</u>
<b>20</b>	<b>21</b> <u>Special Event BBQ</u> <u>Beach Day</u>	<b>22</b> <u>Weekly movie</u>	<b>23</b> <u>National star player in football</u>	<b>24</b> <u>Rock climbing &amp; survival camp</u>	<b>25</b> <u>Rock climbing &amp; survival camp</u>	<b>26</b> <u>Rock climbing &amp; survival camp</u>

## Education through Recreation

# March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 <b>Debate Contest</b>	1 <u>Weekly movie</u> <u>Female pioneer camp</u>	2 <u>Female pioneer camp</u>	3 <u>Female pioneer camp</u>	4 <u>Female Bowling trip</u>	5 <b>Ferrari World Trip</b>
6	7 <u>Inter college indoor Games Tournament</u> <b>Chess Competition</b>	8 <u>Weekly movie</u> <u>Inter college indoor Games Tournament</u> <b>Chess Competition</b>	9 <u>TWASH ALFREEJ (Heritage &amp; cultural completion)</u> <u>Female inter college basket ball</u>	10 <u>Female inter college basket ball</u>	11	12 <u>Paintball trip</u>
13 <u>Female Healthy eating habits work shop</u>	14 <u>Nutrition Day Female Healthy eating habits work shop</u>	15 <u>Weekly movie Female Healthy eating habits work shop</u> <b>Islamic club Evening (Contest)</b>	16 <u>Tareq Al Saadi world RC</u> <b>Weight Lifting Competition</b>	17 <u>Diving course Female paintball trip</u>	18 <u>Diving course</u>	19 <u>Diving course</u>
20	21	22 <u>Weekly movie</u>	23 <u>Female outdoor volleyball</u>	24 <u>Kilimanjaro Adventure camp</u> <b>A trip to Turkey or Umrah</b>	25 <u>Kilimanjaro Adventure camp</u> <b>A trip to Turkey or Umrah</b>	26 <u>Kilimanjaro Adventure camp</u> <b>A trip to Turkey or Umrah</b>
27-28-29-30-31 <u>Spring Break.</u> <u>Diving &amp; snorkeling Camp In "KHASAB" OMAN</u> <b>A trip to Turkey or Umrah</b>					1 April	2 April

## Education through Recreation

# April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 <u>TWASH ALFREEJ</u> <u>(Heritage &amp; cultural completion)</u>	5	6 <u>Female wonderland trip</u>	7 <u>Female outdoor Activities</u>	8 <u>Female Ferrari world trip</u>	9 <u>Ski Dubai trip</u>
10	11 <u>Walking for good health Day</u>  <u>Global Day</u>	12 <u>Weekly movie</u> <u>Female foot ball tournament</u>	13 <u>Treasure Hunting</u>	14 <u>Female lunch cruise trip</u>	15 <u>Kayak Trip</u>	16
17 <u>ADNOC Tournament</u>	18 <u>Fun day Activities</u>	19 <u>ADNOC Tournament</u>	20 <u>ADNOC Tournament</u>	21 <u>Female table tennis</u>	22	23 <u>Fishing Tournament</u>
24 <u>ADNOC Tournament</u>	25	26 <u>Weekly movie</u> <u>ADNOC Tournament</u>	27 <u>Olympic Day for schools</u>	28	29 <u>A trip to Iceland</u>	30

## Education through Recreation

# May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <u>Health awareness week</u>  <b>Play Station Contest</b>	<b>2</b> <u>Health awareness week</u>  <b>Play Station Contest</b>	<b>3</b> <u>Health awareness week</u>  <b>Play Station Contest</b>	<b>4</b> <u>Health awareness week</u>  <b>Play Station Contest</b>	<b>5</b> <b>Female sport day</b>	<b>6</b> <u>Leader ship Camp</u>	<b>7</b> <b>Female ladies club trip</b>
<b>8</b>	<b>9</b> <u>Global Day</u> <b>Female Leadership Camp</b>	<b>10</b> <u>TWASH ALFREEJ (Heritage &amp; cultural completion)</u> <b>Female Leadership Camp</b>	<b>11</b> <b>Female Leadership Camp</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b> <u>Meeting with Al Sheikh Abdulaziz Bin Rashed Al Naimi</u>	<b>17</b> <u>Weekly movie</u>	<b>18</b>	<b>19</b>	<b>20</b> <b>Female ice land trip</b>	<b>21</b> <u>Wild Wade</u>
<b>22</b>	<b>23</b>	<b>24</b> <u>Student Forum for schools</u>	<b>25</b>	<b>26</b> <u>Spring Semester Classes End</u>	<b>27</b>	<b>28</b>
<b>29</b> <u>Final Exams Begin</u>	<b>30</b> <u>Final Exams</u>	<b>31</b> <u>Final Exams</u>				

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# June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Final Exams	2	3	4 Final Exams  Make-Up Day
5	6	7	8	9	10	11
12 Summer Session Classes Begin	13	14 <u>Weekly movie</u>	15	16	17 <u>ICE land trip R.A.K</u>	18
19	20 <u>TWASH ALFREEJ (Heritage &amp; cultural completion)</u>	21 <u>Weekly movie</u>	22	23	24	25
26	27	<u>Al Isra Wal Miraj Holiday</u>	29	30		

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July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31					1	2
3	4	5 <u>Weekly movie</u>	6	7 <u>Sailing &amp;kayaking team activities</u>	8	9
10	11 Last Day to Withdraw from Classes	12	13 <u>Bowling</u>	14 <u>Sailing &amp;kayaking team activities</u>	15	16 <u>Wild Wade</u>
17	18 <u>Bowling</u>	19	20	21 Summer Session Classes End	22	23 Final Exams
24 Final Exams	25 Final Exams	26 Final Exams	27 Final Exams	28 <u>Summer Internships End</u>	29	30

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August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 Fall Semester Classes Begin	22	23	24	25	26 <u>ATLANTES Aqua Park Trip!</u>	27
28	29					

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## September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 <u>Weekly movie</u>	7	8	9 <u>Diving course</u>	10 <u>Emirates Mall Trip</u>
11	12 <u>TWASH ALFREEJ (Heritage &amp; cultural completion)</u>	13 <u>Weekly movie</u>	14	15	16 <u>Diving course</u>	17
18 <u>Football Tournament</u>	19 <u>Football Tournament</u>	20 <u>Weekly movie</u>	21	22	23	24 <u>Wild Wade</u>
25	26 <u>Bowling</u>	27 <u>Weekly movie</u>	28	29	30 <u>Diving course</u>	

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# October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
2	3	4 <u>Weekly movie</u>	5	6	7 <u>Desert safari</u>	8
9	10	11 <u>Weekly movie</u>	12	13	14	15
16 <u>Football Tournament</u>	17 <u>Football Tournament</u>	18 <u>Weekly movie</u>	19 <u>Treasure Hunting</u>	20 <u>Rover challenge camp</u> <u>U.A.E universities (PI</u> <u>Campus)</u>	21	22 <u>Fishing Tournament</u>
23	24	25 <u>Weekly movie</u>	26	27 <u>Rock climbing&amp;</u> <u>survival camp</u>	28 <u>Rock climbing&amp;</u> <u>survival camp</u>	29 <u>Rock climbing&amp;</u> <u>survival camp</u>
30	31					

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November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>Weekly movie</u>	2	3 <u>mountain Discovery camp</u>	4 <u>mountain Discovery camp</u>	5 <u>mountain Discovery camp</u>
				10 <u>Australia Adventure camp</u>	11 <u>Australia Adventure camp</u>	12 <u>Australia Adventure camp</u>
13	14	15 <u>Weekly movie</u>	16	17 <u>R.A.K (rover crew camp)</u>	18	19
20	21 <u>Bowling</u>	22 <u>Weekly movie</u>	23	24 <u>Advance survival camp</u>	25	26 <u>Kayaking &amp; Fishing</u>
27 <u>Tournament football indoor for all Oil companies in UAE</u>	28 <u>Tournament football indoor for all Oil companies in UAE</u>	29 <u>Weekly movie</u>	30 <u>Tournament football indoor for all Oil companies in UAE</u>			

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December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>National Day</b>	2	3
4	5	6 <u>Weekly movie</u>	7	8 <u>Mountain biking &amp; Rock climbing camp</u>	9 <u>Mountain biking &amp; Rock climbing camp</u>	10 <u>Mountain biking &amp; Rock climbing camp</u>
11	12	13 <u>Weekly movie</u>	14	15	16	17
18	19	20 <u>Weekly movie</u>	21	22 <u>Survival &amp; Pioneering camp</u>	23 <u>Survival &amp; Pioneering camp</u>	24 <u>Survival &amp; Pioneering camp</u>
25	26	27 <u>Weekly movie</u>	28	29	30	31